
Basic Disciplines for Believers

What is a *disciple*?

What is a *discipline*?

Matthew 28:18-20 – “teaching them to observe all things whatsoever I have commanded you”

Discipline #1: BIBLE SATURATION – I am filling myself with God’s Word

1. **Bible** _____ – Familiarization – _____ What the Bible _____
 - _____ Reading (Today)
 - _____ Reading (Next Week)
2. **Bible** _____ – Instruction – _____ What the Bible _____
3. **Bible** _____ – Memorization – _____ What the Bible Says into My _____
4. **Bible** _____ – Meditation – _____ About What the Bible _____
5. **Bible** _____ – Application – _____ What the Bible _____

Memory Verse (All Ages):

- **Joshua 1:8** *This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.*

Additional Memory Verses:

- **1 Peter 2:1-3** *Therefore, laying aside all malice, all deceit, hypocrisy, envy, and all evil speaking, ² as newborn babes, desire the pure milk of the word, that you may grow thereby, ³ if indeed you have tasted that the Lord [is] gracious.*
- **Psalms 1:1-3** *Blessed [is] the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; ² But his delight [is] in the law of the LORD, And in His law he meditates day and night. ³ He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.*

Bible Saturation – Be a Sponge!



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Bible Reading – Familiarization – Knowing What the Bible Says

Matt 22:29 Jesus answered and said to them, "You are mistaken, not knowing the Scriptures nor the power of God."

Public Bible Reading (reading _____ in a _____)

Neh 8:3 Then he read from it in the open square that was in front of the Water Gate from morning until midday, before the men and women and those who could understand; and the ears of all the people were [attentive] to the Book of the Law.

- We are to _____ with _____ .
- This would include _____ , and _____ what is being read.

Neh 8:8 So they read distinctly from the book, in the Law of God; and they gave the sense, and helped [them] to understand the reading.

- We need to learn to _____ .
- We need to learn to _____ .
- We need to learn to _____ .

Neh 9:1-3 Now on the twenty-fourth day of this month the children of Israel were assembled with fasting, in sackcloth, and with dust on their heads. ² Then those of Israelite lineage separated themselves from all foreigners; and they stood and confessed their sins and the iniquities of their fathers. ³ And they stood up in their place and read from the Book of the Law of the LORD their God [for one-fourth] of the day; and [for another] fourth they confessed and worshiped the LORD their God.

- We are to approach the Word with a _____ .
(they separated themselves and started with confession – see 1 Peter 2:1-3)
- We are to _____ for the Word (they stood and listened).
- We are to _____ with the purpose of _____ our minds and actions (they confessed).
- We are to _____ about the Lord and _____ to Him as He deserves (they worshiped).

Col 4:16 Now when this epistle is read among you, see that it is read also in the church of the Laodiceans, and that you likewise read the epistle from Laodicea.

- The Bible is intended to be read _____ when believers assemble.
- We are _____ to read the Bible when believers gather together.

1 Thes 5:27 I charge you by the Lord that this epistle be read to all the holy brethren.

1 Tim 4:13 Till I come, give attention to reading, to exhortation, to doctrine.

What will you **do** with what you **learn** today?